

HAVEN OF HOPE COMMUNITY MINISTRIES PROGRAMS

GOALS & OBJECTIVES

Our goal is to see a transformed generation in our city in the following ways:

1. To provide for the basic needs of those who are hungry, homeless, or marginalized, whether they be young or old
2. To provide support to those who are seeking a helping hand navigating through the systems of government and processes of life - whether through tangible services or through advocacy and spiritual guidance.
3. To take the journey with, and at times equip, our clients to reach their potential, at their pace, and as they realize what they are capable of achieving.

PROGRAM OVERVIEW

With our purpose and values always as the primary direction for our programs and services Haven of Hope Ministries offers a variety of programs and services that strive to meet our goals and objectives. On a daily basis we offer food, clothing, and emergency assistance, moral and spiritual support for our clients. In addition to our daily services we offer a range of seasonal services such as Tax Preparation Services, Kids Camping Programs, Backpacks for Kids, and Christmas Assistance.

PROGRAM COMPONENTS

Our services Include Food Assistance

Backpack Feeding Program

- On weekends, during the school year, we provide kid-friendly meals for up to 40 elementary school aged children.

Bread Shelf

- Throughout the week donors provide salvage (i.e. bread and other bakery goods) to us at no cost to pass on to the community. These items go on the bread shelf at the front free of charge to those in need.

Emergency Food Bags

- Providing emergency assistance on a case by case basis for families and individuals facing financial challenges.

Food on the Move

- Free brown bag lunches and snacks are distributed to children, in need, at three community pools and five community centres throughout the summer.

Lunch with Sally

- Hot lunch served weekly on Thursdays to anyone who stops in. Free of charge.

Regina & District Food Bank Agency Pick-ups

- Through our partnership with the Regina & District Food Bank, we make it possible for clients without transportation or with other limitations to be able to pick-up their Food Bank orders at our office or through delivery.

Sally's Shop

- A variety of food, personal hygiene, and household supplies available in small, affordable quantities.

School Lunch Program

- We provide a healthy bag lunch to students at 2 schools every school day throughout the school year.

Senior's Lunch & Learn

- We serve a nutritious hot lunch the first and third Tuesday of the month providing a time to connect with new friends and obtain valuable information relevant to seniors still living on their own. Cost is \$2 per person.

Our Services Include Clothing Assistance

Clothing Vouchers

- Through an appointment system, we provide clothing vouchers to clients as requested but not more frequently than once every 6 months.

Our Services Include Emergency Assistance

Emergency Disaster Services

- We work with the Police Department, Fire Department, Red Cross, and other local and provincial agencies during disasters, in our community, province, country, or internationally.

Fire Victims

- We assist individuals and families, who have experienced a loss due to fire, by providing clothing and furniture.

Our Services Include Moral & Spiritual Support Services

Advocacy

- Our office extends every possible assistance to clients to access other community and government agencies.

Bible Study/Devotions

- In response to feedback from our clients, we have recognized the need to add a spiritual component to our programs. We do devotions at the beginning of our large group programs regularly. When clients request more in depth Bible Study we link them to our Tuesday night study with the church.

Chaplaincy

- We provide spiritual care and support to those who ask. This can come in a variety of forms which include but are not limited to a simple prayer with a client at the front counter or a one

on one meeting with the Corps Officer/Director where a more in depth conversation can occur.

Counselling Services

- On an as needed basis, we provide counselling to our clients at one of 3 levels depending on need. Our Community Ministries Coordinator provides basic support and counselling to those who need a listening ear. Our Corps Officer/Director takes it one step further and provides Spiritual Guidance and Pastoral Care to clients who request this. And finally we have a licenced counsellor on contract who can guide a client through a specified counselling program as needed.

Family Tracing

- Working alongside the THQ Family Tracing Services, we assist families in locating members of their family in Regina and surrounding area as requested.

Flu Clinic

- Partnering with the Regina Qu'Appelle Heath District, we provide a space for the District to set up a flu shot clinic in the downtown area so that our clients can access this service without discrimination and in a location where they are comfortable and feel welcome.

Red Cap Program

- This is an eight week anger management program for elementary school aged children.

[Our Services Include Tax Preparation Service](#)

Our Tax Preparation Service is offered in participation with Canada Revenue Agency's Community Volunteer Income Tax Program. This is a free service to assist individuals who qualify with completing their income tax returns. The service is offered March 1 – April 30 annually.

[Our Services Include Kids Summer Camping](#)

We provide an opportunity for kids from Regina to enjoy a week at Beaver Creek Camp. This program is heavily subsidized by our office. This makes it affordable for all kids to have a week at camp where they will participate in activities that will build their self-confidence, develop relationships with others, and learn life skills that will have a lasting impact.

[Our Services Include Backpacks for Kids](#)

With the generous support of the community we provide basic school supplies and backpacks to students from Pre K to Adult Basic Education.

Our Services Include Christmas Assistance

Hamper Program

- We seek to provide a meaningful and enjoyable Christmas to families in need with a Hamper packed with enough food for Christmas Day.

Adopt-A-Family

- In partnership with Z99, we assist organizations, schools, churches & individuals in Regina and area who wish to take on the responsibility of providing Christmas for a family in need.

Santa's Anonymous

- In partnership with CJME 980 News Talk Radio, we provide a new toy to every child 12 years of age and under whose family has applied for the Hamper program.

Christmas Kettles

- We run the Kettle Campaign for Regina. Income raised through the kettle campaign funds the cost of hampers and provide assistance to families all year long.